

Check-up

A HealthStaff Recruitment Publication

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Employee Spotlight - Social Events - Around the World - Positions Vacant

Forensic Mental Health

NURSING IN NSW

Opportunities Abound!



Forensic Mental Health Nursing is one of the most highly skilled and challenging fields of nursing. The field is growing in Australia and overseas as more nurses seek to move into this area.

Forensic Mental Health Nurses require highly developed knowledge, skills and attitudes. These can be developed in the workplace with targeted supervision and intensive workplace training and further enhanced with specialist post-graduate training.

Forensic Mental Health Nurses in NSW work in a service known as Justice Health and provide assessment and treatment for adults and adolescents with mental illness who have come into contact with the criminal justice system.

Close to 200 Mental Health Nurses currently work in Justice Health and this number is set to double with the opening of a new, state-of-the-art Forensic Hospital in late 2008.

In line with international best practice, this 135 bed high-secure facility will provide an intensive inpatient mental health program outside the prison setting for adult and adolescent males and females. The Forensic Hospital will deliver services for forensic patients along the clinical spectrum from high dependency, acute, extended care and rehabilitation. A limited number of beds will be available for civilian patients with complex and challenging needs.

The Forensic Hospital is the first of its kind in NSW. Physical, procedural and relational security will be integrated into a model that balances the delivery of therapeutic, person-centred programs with a constant eye on safety.



Not all nurses prefer to work in this challenging setting. However, those who do tend not to want to work anywhere else. One nurse who plans to be first in line when the Hospital doors open in late 2008 says: "I love the fact that when I come to work I never know what the day or shift will bring in terms of challenges. I have grown since qualifying as a nurse and the experiences I have gained in forensic mental health will always be with me".

In the Forensic Hospital, nurses will have the opportunity to implement internationally recognised mental health interventions and comprehensive, evidenced-based risk assessments in a therapeutic environment.

The Acute Women's Unit for example will provide gender sensitive care for women by focusing on their individual needs as well as their diagnosis. The knowledge, skills and confidence of nursing staff will ensure relational security is enhanced by contemporary treatment approaches.

The Forensic Hospital occupies spacious grounds. The low-rise buildings create a relaxed feel with walking and cycling tracks traversing the campus. The facilities and grounds have been designed to support diverse clinical needs - from patients who may require short-term care to

those who will call this facility home for many years.

The Forensic Hospital is attracting lots of attention from local, interstate and international nurses seeking a career in Forensic Mental Health in NSW. More information can be found on the Justice Health website: <http://www.justicehealth.nsw.gov.au/forensic-hospital/>

Opportunities are available now for experienced mental health nurses interested in becoming part of the Forensic Hospital team. Extensive orientation, training and ongoing support will be provided.

Please contact Healthstaff Recruitment or email us at info@hsr.com.au for further information.

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Interview Tips *to get the job!*

The interview process for a nurse applying to a hospital can be rigorous. Not only do you have to fine tune your clinical knowledge and articulate it well, hospitals are now looking for far more from their candidates.

I have put together some tips to get you over the line...

DO YOUR RESEARCH

This might seem simple to most of you but it is critical that you know the position you applied for, the hospital you applied to and reasons that you want to work there. It is tough on the job hunting market and most of us like to apply for a number of roles at any one time but what most of us don't know is that doing this can sometimes work against you. Obviously I suggest using an experienced recruiter (like us) who work with you to pinpoint exactly what job and hospital is right for you but you still need to do your homework. Find out about the hospital via the internet, what sets them apart? Find out what

ward you will be working in. Your consultant will do the hard yards for you but the more you know about the hospital the better chance you have to prove you are the one for them.

BEFORE THE INTERVIEW

Nurses work hard at being a nurse! That's why they are not sales people! It is really important though that you can sell yourself as a capable, competent nurse. Failing to do this will cost you the job. Sit down with a pen and paper and ask yourself what questions you would ask if you were interviewing a nurse yourself. Now answer these questions. You will also need to give specific examples during the interview so jot down scenarios that show you are an outstanding nurse. When did you go above and beyond the call of duty? Who was your most difficult patient and how did you manage them? Tell me about a time when you had many conflicting priorities? We all know the job that we do but recalling it in interview can be hard if you are not prepared so do the work beforehand.

THE INTERVIEW

Now that you are prepared, the rest should be a breeze! Hospitals need to know that your clinical skills are impeccable. This should be a given. They also need to know that you have the motivation, attitude and behaviours to be able to carry out the role effectively. You know yourself that you can do the job but in the interview hospitals want to know "how" you do the job. The most effective techniques that hospitals use

for interviewing is known as "behavioural interviewing". This style of interviewing focuses on past behaviours. This is the most accurate way to measure how a candidate might behave in the future (past behaviour generally is a good prediction of future behaviour). The interviewer will ask you a question like "can you tell me about a time when...." And what comes next will give you an indication of the types of behaviours they are looking for. For example, "Tell me about a time when you had many conflicting priorities in your role and how did you manage this?" You can tell by this question that they want to know how you prioritise your time. It is important that you provide the interviewer with specific examples of a situation you were in, the action you took, and the result that you achieved. It is very important in these scenarios not to use the words "us" or "we" as the interviewer wants to know the part you played.

HOT TIP

Sometimes it's hard to sell yourself and we are often our worst critic, so before the interview try asking a colleague to help you. Ask them for examples of when they thought you did a great job. You'll be surprised about how much you didn't know about yourself!

Healthstaff Recruitment has a comprehensive overview of interviewing techniques so ask your consultant for a copy.



Living in Melbourne

Only recently rated as the top tourist destination in Australia, Melbourne is the capital city of Victoria.

Located on Port Phillip Bay, Melbourne hosts a wide range of international events such as the Australian Open Tennis, Australian Grand Prix, the Spring Racing Carnival and attracts a wide range of theatre productions. Melbourne is a short drive away from the famous Bells Beach, Great Ocean Road, several mountains that have a great snowfall in winter and the goldfields in central Victoria. Melbourne is seldom unbearably cold or unbearably hot and enjoys an average of 30 degrees in summer and 15 degrees in

winter. Featuring a comprehensive public transport system and with a growing population of over 3.5 million, it is easy to see why Melbourne is said to be one of the world's most liveable cities. With current vacancies in mental health, NICU, midwifery, ICU, emergency and many more please contact a consultant to discuss your plans today.

Consider Melbourne for your next position and feel free to refer any friends or family that are looking for nursing positions.

Karen Thomas
Recruitment Consultant

Healthstaff Recruitment **WINS RECRUITMENT CONTRACT**

I am proud to announce that HealthStaff Recruitment has again been awarded a three year contract as a preferred recruitment service provider for all Sydney and NSW Regional Hospitals.

Therefore we have the best range of Nursing, Doctors, Dentist and Allied Health positions available in Sydney and all regional areas in the state of NSW.

Call us today on one of our global free call numbers or email your CV/Resume to info@hsrc.com.au and we will contact you

immediately to discuss how we will assist you with organising your new job in Australia.

We hope to welcome you soon to Australia and meet you at our regular organised social gatherings for our candidates.

John de Haard
Managing Director





Introducing...
TANYA MARVELLI
Recruitment Consultant



Tanya joined the HealthStaff Recruitment team in October as a Recruitment Consultant. Tanya has worked in the recruitment industry for the last 6 years in various sectors including industrial, commercial and legal. Tanya enjoys playing squash and keeping fit by either running the Tan or doing a gym class. She also is a passionate animal lover and has just returned from Thailand where she worked as a volunteer at an Animal Sanctuary rehabilitating Sun Bears back into the wild. Tanya's future aspirations are to save animals from cruelty and neglect.



Introducing...
JANICE HAY
UK Recruitment Consultant

Hello, I am Janice Hay and I joined the HSR Team mid 2008 as the UK recruitment consultant where I am currently based in the Cotswolds. I have lived and worked in Australia for 20+ years as a RN and RM in both clinical and management positions and therefore have extensive intimate experience and knowledge of the healthcare system.

I accessed HealthStaff Recruitment in my role as Assistant Director of Clinical services for a Brisbane hospital when seeking clinical expertise for the organisation and now have the pleasure of assisting and placing candidates from the other side of the fence or should I say world!

I have travelled all over Australia including the more remote areas, climbed Ayers Rock, swam with wild dolphins in Western Australia and snorkelled on the Great Barrier reef in Queensland.

I am currently completing my nurse prescribing course and work a few shifts in the 'out of hours' system so I am also familiar with the NHS and its history.

I look forward to assisting the UK candidates to realise their dreams and achieve their potentials in relocating to Australia. I can be contacted through the HSR sites, by email or UK mobile 07887 531 842.

Darwin Private Hospital

The Darwin Private Hospital is a 120 bedded hospital predominantly catering for patients with Private Health Insurance. It is co-located within Royal Darwin Hospital and is accessible via the pedestrian walkway connection.

General services which are offered by Darwin Private hospital include:

- Angiography
- Cardiology
- Cosmetic and Reconstructive Surgery
- Day Surgery and General Surgery
- Ear, Nose and Throat
- Gynaecology
- Obstetrics
- Ophthalmology
- Orthopaedics
- Paediatrics
- Rehabilitation
- Urology

With a "working to live, not living to work" attitude, this is the perfect lifestyle choice for young families wanting to experience working in a community environment in one of the most aesthetically pleasing and regarding locations in Australia. With warm weather all year round and a relaxed family approach to living there are more reasons to relocate to an area where work and life balance is promoted in a community setting.

Darwin Private Hospital offers 6 weeks annual leave with an extra day off per month. Additional benefits include a handsome remuneration package, subsidised accommodation available within the hospital grounds with gym, pool and library facilities. Transportation is not an issue with bus stops directly outside the hospital and uniforms are provided for all staff.

There are many exciting positions available within various departments of the hospital including:

Medical, Surgical, Orthopaedics, Midwifery and Theatres

There is also a number of management positions available including:

- After Hours Coordinators
- Managers for Recovery / Anaesthetics
- Level 3 and 4 Nursing Unit Managers
- Associate Nursing Unit Managers

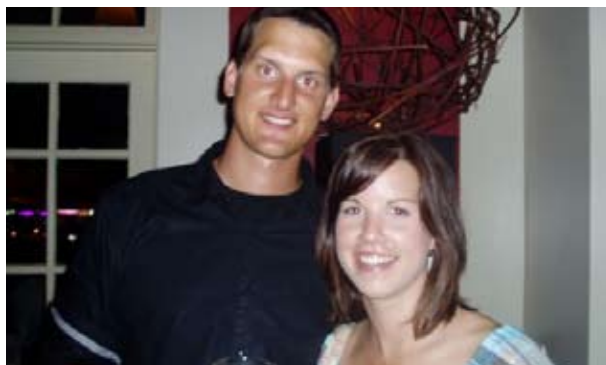
There are also permanent senior positions available.

For more information or to submit an application, please contact one of our specialist recruitment consultants today.

Perth Social Evening



← Zoe and Ben Davis



→ Ross and Jenny Stajkowski



← Lesley Riddoch, Melissa Bisset and Stephanie Nolson



→ Anton Chumovski and Lesley Couperwaite

Hot Jobs

Darwin

Darwin Private Hospital

- Medical, Surgical, Orthopaedics, Midwifery and Theatres
- After hours coordinators
- Managers for recovery/anaesthetics
- Level 3 and 4 Nursing Unit Managers and Associate Nursing Unit Managers

Royal Darwin Hospital

Medical, Surgical, Mental Health

Melbourne

Royal Melbourne Hospital Medical Melbourne - Speech Pathologist

- Private practice in SW Melbourne
- Age group 0 - 12 years
- Full-Time and/or Part-Time option

RNs - rare opportunity in Melbourne - NICU openings - Urgent

5 GPs (VR and Non-VR) 1 hour from Melbourne

Excellent remuneration package.

Any new Doctors joining the clinic would work between 6 and 10 sessions per week and would eventually be expected to join the rostered on call arrangements according to the number of session worked each week.

Perth

Perth - Nurse Unit Manager ICU

We have an extraordinary offer for an experienced Registered Nurse with post-graduate qualification in critical care with management experience or interest in this area:

- Attractive remuneration package - \$85,000 +
- Relocation expenses & accommodation assistance
- Full-Time
- Commencement before Christmas 2008
- Permanent position, however short term contract available until position is filled permanently

Registered Nurses for Perth - Royal Perth Hospital

Emergency, ICU & HDU openings - urgent

Perth - Hot Nursing Jobs in most clinical areas including mental health

HealthStaff Recruitment is the preferred provider for the largest teaching hospitals in Perth and that is why we have the best choice of nursing opportunities in Perth.

Perth

Perth - Mental Health Nurses Urgently Required!

Do you want to get off the ward?

Then this might just be the opportunity for you. We require two Mental Health Nurses who are currently in Australia for our client based in Perth. This is a great opportunity to work in an office environment and still be at the forefront of Mental Health. Ideal candidates will have Mental Health Experience (at least six months). You will be responsible for taking inbound calls from clients in need of mental health assistance, assessing client needs and making recommendations for appropriate treatment.

Roles are Full-Time or Part-Time and you may even work from home (after completing training). The salary on offer ranges from \$47,522 - \$56,255 plus superannuation, shift penalties and commuting allowance.

King Edward Hospital (the major public women's hospital in Perth) theatre nurses with Obs/Gyn experience.

Bunbury

Bunbury - Western Australia - Junior Medical Officers, Senior Medical Officers and Specialists

Bunbury; the ocean at your doorstep and the benefits of the idyllic South West lifestyle.

Openings in:

- Senior Obstetrics and Gynaecology Registrar
- Registrar Emergency Medicine
- Resident Medical Officer - General Rotation
- Specialist Emergency Medicine
- Specialist Anaesthetist

Sydney

SYDNEY - HealthStaff Recruitment preferred provider for ALL Sydney and NSW Regional Hospitals

Jobs for Registered Nurses, Doctors, Dentists and Allied Health Professionals.

HealthStaff Recruitment is preferred provider for ALL public hospitals in Sydney and Regional areas in New South Wales. Therefore we have the best choice of Nursing, Doctors and Allied Health positions available.

Forensic Mental Health Nurses - Justice Health

Justice Health in Sydney is in the process of commissioning a new state of the art Forensic Hospital in November 2008. This is the first of its kind in NSW Australia. Located at Long Bay Complex in Malabar; the facility is close to a number of beaches.

Brisbane

Registered Nurses for Brisbane - Princess Alexandra Hospital

Oncology - variety of opportunities

Medical - must be experienced and willing to work in Surgical/Oncology if required

Orthopaedics - minimum of 2 years experience Vascular will take general surgical nurses

Neuro - opportunity for anyone who has had ICU or Neuro experience ***ASAP start***

Brisbane - Radiographers and Sonographers - with a special interest in mammography and breast ultrasound

Our client is a multidisciplinary facility which provides both screening and diagnostic services for breast disorders.

The clinic performs interventional procedures including FNAs, core biopsies, vacuum assisted biopsies and wire localisations.

Positions are available for Radiographers & Sonographers who have experience in, or would like to develop a specific interest in, the field of breast diagnosis.

- Flexible work hours
- Part-Time and Full-Time position available
- Mammographer salary range from \$54,000 to \$68,000
- Sonographer salary range from \$70,000 to \$91,000
- No on-call work and only occasional weekend work

South East Qld

ED Registrars and ED Staff Specialists - South East Queensland

Excellent career opportunities with option to work 3 days at Logan Hospital and 2 days at Princess Alexandra Hospital in Brisbane.

Sunshine Coast, Qld

Physiotherapist - Sunshine Coast Australia

- Private Practice
- 20 hours per week
- Flexible working hours

Registered Nurses @ Hobart, Tasmania and Darwin, Tropical North

Openings in most clinical areas.

- Relocation allowance available
- Accommodation allowance

For all other positions visit our website www.healthstaffrecruitment.com.au For email enquiries info@hsr.com.au

Freecall Australia | 1800 330 533

Freecall United Kingdom | 0800 047 0924

Freecall Canada | 1866 286 7349

Freecall USA | 1866 317 4232

Freecall New Zealand | 0800 223 381

Freecall South Africa | +27 21 85 22 557

Freecall Netherlands | 0800 022 9423

Freecall Ireland | 1800 422 011

Freecall Singapore | 800 616 1871

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